

# “TAP into *Reality*” Mindset Vault

– SCROLL 9 –

## Self – Discipline

Self-discipline, or self-control, means taking possession of your own mind.

The power of thought is the only thing over which any human being has complete unquestionable control. We have the power of self-determination, the ability to choose what our thoughts and actions will be. If you direct your thought and control your emotions, you will ordain your destiny.

Take charge of your life. You are what you think!

*Direct your thoughts,  
control your emotions,  
and ordain your destiny!*

Remember Dr. Buttar’s life changing formula:  
First, you must **LIVE A Result**, before you can **GIVE A Result**  
The TAP into Reality Vault will help you reach your desired destination.

Whatever the mind can conceive and believe, the mind can achieve. *Napoleon Hill*

[www.TAPin2Reality.com](http://www.TAPin2Reality.com)

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