## "TAP into Realaty" Mindset Vault

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## Budgeting Time and Money

Effectiveness in human endeavor calls for the organized budgeting of time. For the average man the 24 hours of each day should be divided as follows: 8 hours for sleep, 8 hours for work, 8 hours for recreation and spare time.

The successful person budgets time, income and expenditures, living within his means.
The failure squanders time and income with a contemptuous disregard for their value.

Tell me how you use your spare time and how you spend your money, and I will tell you where and what you will be ten years from now.

Remember Dr. Buttar's life changing formula: First, you must LIVE A Result, before you can GIVE A Result The TAP into Reality Vault will help you reach your desired destination.

Whatever the mind can conceive and believe, the mind can achieve. Naperleonticl

